



SALGADOS DUNAS SUITES



ALGARVE

SURF — & — TURF



Salgados Dunas Suites
Herdade dos Salgados | Rua Boca da Alagoa
8200-424 Guia | Albufeira
Tel: (+351) 289 244 780
Email: salgadosdunas@nauhotels.com
www.nauhotels.com

INFORMAÇÃO SOBRE INTOLERÂNCIAS E ALERGIAS ALIMENTARES

Antes de efetuar o seu pedido, agradecemos que nos comunique se pretende obter esclarecimentos sobre os ingredientes alimentares. Mais solicitamos que nos informe, caso tenha alguma intolerância ou alergia alimentar.

Muito obrigado

INFORMATION ABOUT FOOD INTOLERANCE & ALLERGIES

Before ordering your meal, please let us know if you would like to obtain any information regarding the food ingredients. Also, please inform us in case you have any intolerance or food allergies.

Thank you

Art. 135 do DL 10/2015

Nenhum prato, produto alimentar ou bebida, incluindo o couvert, pode ser cobrado se não for solicitado pelo cliente ou por este for inutilizado.

Art. of 135 DL 10/2015

No course, food or drink, including couvert, may be charged if not requested by the customer or if unutilized.

SURF & TURF

COUVERT

Manteiga de figo

3,50€

Queijo de cabra com coulis de laranja e cenoura

Bola de azeitona, integral, broa de milho

Fig butter

Goat cheese with orange and carrot couli

Olive, wholemeal and corn bread



SURF & TURF

ENTRADAS | STARTER

Ceviche de salmão <i>Salmon ceviche</i>	8,00€
Tártaro de novilho <i>Beef tartare</i>	11,00€
Mexilhões com tomate e alho <i>Mussels with tomato and garlic</i>	7,50€
Carpaccio de novilho com óleo de trufas e avelãs fumadas <i>Beef carpaccio with truffle oil and smoked hazelnuts</i>	9,00€
Arepa de camarão com aioli, coentros e pico-de-gallo <i>Prawn arepa with aioli and coriander</i>	7,50€
Crab cakes com remoulade <i>Crab cakes with remoulade</i>	11,50€
Pica Pau de novilho com mostarda mild <i>Pica pau (small pieces of beef that have been marinated) with mild mustard</i>	8,00€
Ostras Oysters (Classic Mignonette Gin & Tonic Kilpatrick Ponzu Spicy) <i>(Classic Mignonette Gin & Tonic Kilpatrick Ponzu Spicy)</i>	14,00€
Tartare de atum <i>Tuna tartar</i>	11,00€

SURF & TURF

SOPAS | SOUP

Sopa Thai de camarão e côco

Prawn and coconut Thai soup

6,00€

Sopa de milho com manteiga fumada e toucinho

Corn soup with smoked butter and bacon

4,50€

Sopa cremosa de mexilhões

Creamy mussel soup

6,00€

SNACK'S

Taco Surf & Turf

novilho ou camarão com chimichurri aioli

beef or prawn with chimichurri aioli

10,50€

Taco BBQ

pá de porco fumada desfiada

shredded smoked pork shoulder

7,50€

Hamburguer de novilho com camarão salteado,

maionese de paprika, queijo cheddar

em pão de mostarda

Beef burger with sautéed prawn,

paprika mayonnaise, cheddar cheese

and mustard bread

16,00€

Raspas de novilho fumado

em pão de mostarda e couve roxa avinagrada

Mustard bread with smoked beef

shavings and red cabbage

8,50€

SURF & TURF

Hamburger de caranguejo e maionese de wasabi
Crab burger and wasabi mayonnaise

17,00€

Fajita
Camarão ou novilho
Prawn or beef

16,00€

Prego em bolo do caco com chips de batata doce
*Steak sandwich in 'bolo do caco' bread
with sweet potato chips*

8,50€

Gua Bao

7,50€

Nachos
Pulled pork ou frango grelhado
Pulled pork or grilled chicken

8,00€

Smoked chicken wings
Smoked chicken wings

6,00€



SURF & TURF

VEGETARIANOS VEGETARIAN

Taco de batata doce

Sweet potato taco

7,50€

Burrata com tomate cherry e pesto

Burrata with cherry tomato and pesto

9,50€

Pierogi de batata e cogumelos

Potato and mushrooms pierogi

7,00€



SURF & TURF

PEIXES E MARISCOS *FISH AND SEAFOOD*

Lagosta benedict <i>Benedict lobster</i>	36,00€
Vieiras com risotto de ervilhas e lima <i>Scallops with pea and lime risotto</i>	15,00€
Risotto de camarão e leite de côco <i>Prawn and coconut milk risotto</i>	12,50€
Carabineiros no caldo <i>Scarlet prawns in the broth</i>	39,00€
Ravioli de vieiras e camarão <i>Scallop and prawns ravioli</i>	18,00€
Polvo confitado com batata doce e grelos <i>Octopus confit with sweet potato and turnip greens</i>	22,00€
Camarão tigre grelhado e fumado com basmati <i>Grilled and smoked tiger prawn with basmati</i>	27,50€

SURF & TURF

CARNES | OS NOSSO ESPECIAIS MEAT | OUR SPECIALS

Mignon de novilho, foie gras e vieiras com molho madeira <i>Beef mignon, foie gras and scallops with Madeira sauce</i>	32,00€
Surf & Turf de lombo de novilho e lagosta com puré de cheróvias <i>Surf & Turf beef tenderloin with parsnip purée and lobster tail</i>	45,00€
Lombinhos de borrego Grelhados com beringela grelhada, salada de cous-cous com hortelã, salsa, pepino, passas e molho de pastis/aniz <i>Grilled lamb loins and aubergine, couscous salad with mint, parsley, cucumber, raisins and anise sauce</i>	27,00€
Tornedó Rossini	32,00€
Bife Wellington <i>Wellington Beef</i>	29,00€

SURF & TURF

CARNES | GRILL & SMOKEHOUSE

MEAT | GRILL & SMOKEHOUSE

Picanha <i>Rump cap (Picanha)</i>	18,00€
Chuletón (2pax) <i>Chuleton (for 2 people)</i>	85,00€
Lombo de novilho <i>Beef tenderloin</i>	27,50€
New York Strip	26,00€
Smoked pork ribs <i>Smoked pork ribs</i>	17,50€
Ribeye	17,00€
Tomahawk (2pax) <i>(for 2 people)</i>	50,00€



SURF & TURF

GUARNIÇÕES E MOLHOS SIDES & SAUCES

Arroz basmati <i>Basmati rice</i>	2,00€
Chips de batata doce <i>Sweet potato chips</i>	2,00€
Esmagada de batata com natas e cebolinho <i>Creamy chive mashed potatoes</i>	2,00€
Esparregado de espinafres <i>Mashed spinach</i>	2,00€
Migas de Viseu <i>Migas de Viseu (bread crumbs)</i>	2,00€
Legumes assados <i>Baked vegetables</i>	2,00€
Palitos de batata <i>French fries</i>	2,00€
Salada Surf & Turf <i>Surf & Turf salad</i>	2,00€
Molho holandês <i>Hollandaise sauce</i>	1,00€
Molho bearnês <i>Bearnese sauce</i>	1,00€
Molho de vinho do Porto <i>Port wine sauce</i>	1,00€

SURF & TURF

Molho cogumelos

Mushrooms sauce

1,00€

Homemade bbq sauce

Homemade BBQ sauce

1,00€

Chimichurri

1,00€

SOBREMESAS

DESSERTS

Fondant de figo com gelado de melosa e poejo

(Sobremesa galardoada)

Fig fondant with melosa and pennyroyal ice cream

(award winning dessert)

5,50€

Cheesecake de chocolate e caramelo salgado

Chocolate and salty caramel cheesecake

3,50€

Tarte de iogurte grego e pickle de morango

Greek yogurt tart and strawberry pickle

3,50€

Tarte tatin com gelado de chèvre e manjeriço

Tatin pie with chèvre c

6,00€

