



Hotel Ibersol
Antemare Spa

Sitges - Barcelona

Coffee Break

Sweet

Pastry assortment, coffee and tea, juices and water

6,75 € /pax

Salty

Mini-sandwiches assortment, coffee and tea, juices and water

8 € /pax

Fruits

Fruits skewer, coffee and tea, juices and water

7 € /pax

Sweet & Salty

Pastry assortment, fruits skewer, coffee and tea, juices and water

9,75 € /pax

Permanent liquid in the Meeting Room

Coffe, tea, juices and water

4 € /pax



Coffee Break

Permanent Healthy Liquids in the Room

8 € /pax

Detox Smoothies (Strawberry, Orange, Celery)

Digestive Smoothies (Pineapple, Apple, Spinach, Currant)

Energetic Smoothies (Lemon, DryGinsen, Ginger, Cranberries and Carrots)

Possibility of changing elaboration according to demand.

Heart-Healthy Pack

8 € /pax

Muesli cereal bars, yogurts, nuts, infusions, juices, vegetable drinks and water

Vegetarian and Vegan Pack

12 € /pax

Sandwich with Vegan Cheese, Tofu and Vegetable Cheese

Vegetable Sandwiches with Multigrain and Seed Breads

Assortment of Pastas: Palmeras, Cupcakes and Ties with Vegetable Margarines



Cocktails

n ° 1

Season Shot

Potatoes Chips with Lime

Home-Made Ham Croquettes

Granma's Spanish Omelette

Mini Sandwiches

Mini "Bikinis"

Beer, Soft Drinks and Wines

21 € / pax

n ° 2

Season Shot

Smoked Cod with Tiny Vegetables

Foie with Toast

"Montadito" of Sobrassada and Brie

Cassava Crisps with Star Anis

Home-Made Ham Croquettes

Prawns Lollipops with Crunchy

Sweetcorn

Granma's Spanish Omelette

Mini "Bikinis"

Beer, Soft Drinks and Wines

25 € / pax

n ° 3

Season Shot

Smoked Cod with Tiny Vegetables

Foie with Toast

"Montadito" of Sobrassada and Brie

Cassava Crisps with Star Anis

Home-Made Ham Croquettes

Prawns Lollipops with Crunchy
Sweetcorn

Granma's Spanish Omelette

Mini "Bikinis"

Mini Burguers

Little Spoon of Escalivada Mousse
with Anchovies

Beer, Soft Drinks and Wines

28 € / pax



Buffet

Buffet Salads

Buffet Chef's Salads

Two Meats

Two Fishes

Garnish For Meat And Fish

Pasta Of The Day

Buffet Desserts

Bread, Water And House Wine Included

Price: 30 €



Antemare Collections

Collection Port d'Aiguadolça

n° 1

Marinated Salmon Salad with Honey
Vinaigrette and Poppy Seeds

Castilian Style Roast Lamb and Baked
Vegetables

Home Made Tiramisu

n° 3

Goat Cheese Salad and with Modena
vinaigrette and Mango

Baked Gilthead Bream with Pan-Roasted
Potatoes

Profiteroles with Cream and Hot Chocolate

n° 2

Grilled Vegetables Grilled with Romesco
Vinaigrette

Pork Tenderloin with Red Berries Sauce

Tatín

Local Cuisine

Sitges "Xato"

Fish Stew

Catalan Custard

Price: 32 €

Prices Include Water, White Wine Or Red Wine And Coffee
Supplement 1€ For Soft Drinks & Beer



Collection Port de Garraf

nº 1

Green Asparagus with Parmesan with Romesco

Gilthead Bream Suprêmes with Vegetables

Tangerine Sorbet with Crunchy Pine Nuts and
Bilberries Sauce

nº 3

Salmon Carpaccio Special Chef

Suckling Pig with Apple and Gratin

Chocolate Coulant

nº 2

Rockfish Soup (Km. 0)

Veal Tenderloin with Idiazábal Cheese and
Mushrooms

Home-Made CheeseCake

Local Cuisine

Esqueixada" Shredded Cod Salad

Boiled Rice of Bogavante

Carquiñoles with Malvasía

Price: 38 €

Prices Include Wáter, White Wine Or Red Wine And Coffee
Supplement 1€ For Soft Drinks & Beer



Collection Port Ginesta

nº 1

Mushroom and Truffle Ravioli with Piquillo
Pepper Sauce

Veal Tenderloin with Porto Sauce and Rice

Idiazábal Cannelloni with Quince

nº 3

Special Tomate Salad
with Pickled Delights of the Sea

Millefeuille of Sea Bass
with Vegetables and Marinière Sauce

Chocolate Coulant with Meringued Milk Ice Cream

nº 2

Seafood Cream of Vilanova i la Geltrú with
Mejillones

Field chicken with Norway lobster

Transparencies of Lima, Pineapple and Honey

Local Cuisine

Black Rice with Small Octopuses

Angler Fish with Scallops and Vegetables Sauteed
with Coral Oil

Honey and Milk Curd S.XXI

Price: 46 €

Prices Include Wáter, White Wine Or Red Wine And Coffee
Supplement 1€ For Soft Drinks & Beer



Hotel Ibersol
Antemare Spa

Sitges - Barcelona

Hotel Ibersol Antemare Spa ****

Avda. Mare de Deu de Montserrat, 48-50
Sitges 08870 (Barcelona)
Tlf. (+34) 938 947 000
convenciones@antemare.com